The Community Table 2018 Responses

Conducted & Compiled By:



On September 12, 2018, the Marshall County Public Library, in cooperation with the Marshall County Schools and various community organizations, conducted the Community Table in order the evaluate the needs of those affected by the shooting at Marshall County High School on January 23, 2018. The Community Table consisted of two components—table discussions and an online survey. Twenty-five table discussions were conducted at Marshall County High School, and twenty-four table discussions were hosted throughout the community. The online survey was completed by 327 individuals.

In an effort to remove bias, the individual responses for the Community Table discussions were turned over to the College of Public Health at the University of Kentucky. The information was compiled by a graduate student and returned to the Marshall County Public Library for distribution.

For the online survey, Survey Monkey was used to gather information and generate reports. The information gathered by the Community Table was used by the Facilitators Of Community Unity/Support to plan a remembrance ceremony on January 23, 2019, and to guide their ongoing efforts to support recovery efforts.

Any questions regarding the Community Table or the information gathered should be directed to:

Marshall County Public Library PO Box 465 Calvert City, KY 42029 ccpl@marshallcolibrary.org (270)527-9969, ext. 228

Community Table Discussion Questions

- 1. What does #MarshallStrong mean to you?
- 2. How do you feel the community should recognize the victims of the MCHS shootings during the upcoming one-year anniversary?
- 3. What formal or informal programs, events, activities, etc. have helped you deal with the shootings and their aftermath the most?
- 4. What type of program, event, or service do you wish existed for people in our community?
- 5. What positive changes have you seen in your community since January 23?
- 6. What negative changes have you seen in your community since January 23?
- 7. What do you believe is most important for our community recovery going forward?

Community Table Survey Questions

- 1. Have you experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):
- Depression
- Anxiety
- Stress
- Fear or excessive worry
- Anger
- Sleep issues
- Feelings of helplessness
- Difficulty concentrating
- Guilt
- Decreased work/school performance
- Relationship/family stress
- Loss of social connections/friendships
- Social withdrawal/isolation
- Loss of interest or pleasure in things
- Eating problems
- Use of alcohol or drugs
- Loss of work or income
- Physical complaints
- Self-harming thoughts/behaviors
- 2. If you have a child middle school age or younger, have they experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):
- Depression
- Anxiety
- Stress
- Fear or excessive worry
- Anger
- Sleep issues
- Feelings of helplessness
- Difficulty concentrating
- Guilt
- Decreased work/school performance
- Relationship/family stress
- Loss of social connections/friendships
- Social withdrawal/isolation
- Loss of interest or pleasure in things
- Eating problems

- Use of alcohol or drugs
- Loss of work or income
- Physical complaints
- Self-harming thoughts/behaviors
- 2. Have you spoken to a counselor or pastor about the events of January 23?
- Yes
- No
- 3. If yes, which did you speak with?
- Counselor
- Pastor
- Both
- 4. Are you currently undergoing a treatment plan for trauma related to the events of January 23?
- Yes
- No
- 5. Have you participated in any community recovery events?
- Yes
- No
- 6. How effective do you believe community recovery efforts have been up to this point?
- Very effective
- Somewhat effective
- Unsure
- Somewhat ineffective
- Very ineffective
- 7. How likely are you to attend a community event on January 23, 2019, the anniversary of the shootings?
- Very likely
- Somewhat likely
- Unsure
- Somewhat unlikely
- Very unlikely
- 8. What types of programs or services would you be likely to take advantage of if they were offered?
- One-on-one counseling
- Non-traditional/alternative therapies
- Tutoring
- Support groups formal

- Support groups informal
- After-school/weekend programming for youth
- Workshops re: understanding trauma, dealing with PTSD, etc.
- Opportunities to participate in self-care activities
- Family or relationship counseling
- Opportunities for fun family outings
- 9. Which of the following describes you? (Please choose all the apply.)
- I was injured on January 23, 2018.
- I am the parent or caregiver to a student who was injured or killed on January 23, 2018.
- I am an MCHS student.
- I am an MCHS teacher or staff member.
- I am a first responder.
- I am the parent of an MCHS student.
- I am the parent of a student who attends a school other than MCHS.
- I am a teenager.
- I am an adult.
- 10. Do you agree with the following statement: The Community Table was a helpful exercise for the community?
- Strongly agree
- Somewhat agree
- Unsure
- Somewhat disagree
- Strongly disagree

• What Does #Marshall Strong Mean To You?

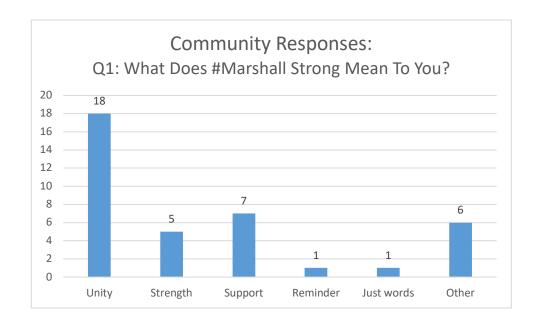
Findings

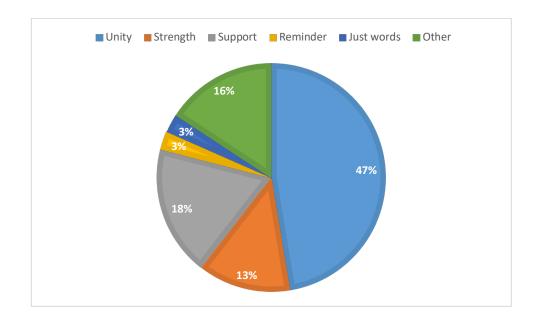
Common themes found throughout Community, High School and Middle School responses:

Unity	Includes: Coming together as a community; as a school; family; unifying meaning
Strength	Includes: #MarshallStrong represents strength and perseverance
Support	Includes: Represents support given and received from each other
Just words	Includes: Only words or a saying, but does not hold any meaning; meaning has dissipated or been lost
Reminder	Includes: Serves as a reminder of the event, either a negative reminder or a positive reminder
Other	Non-Specific; did not fall into any categories

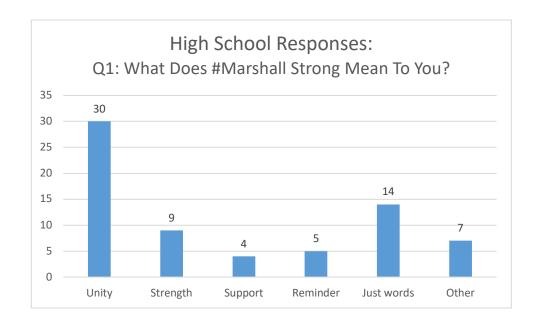
Note: *Because there were only 7 responses from the Middle School Focus Groups, and most responses fell under the "Unity" theme, an individual chart was not made, but middle school information is reflected in the "Total Responses" section at the bottom of this report*

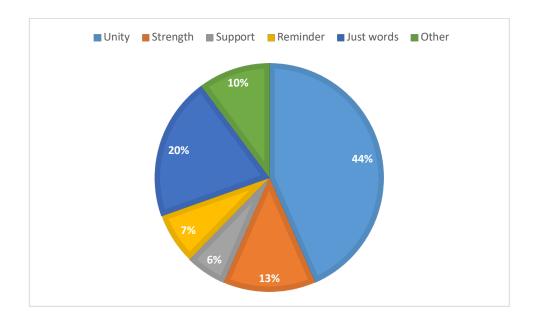
Community





High School



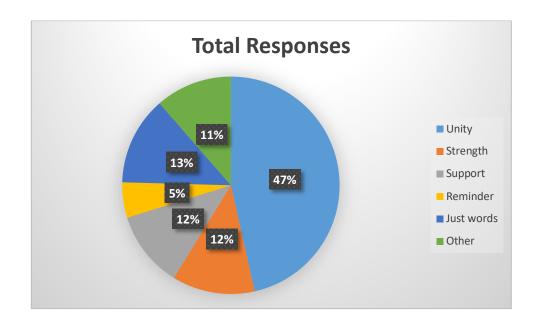


Total Responses:

Combined Community, Middle and High School Responses:

• Unity was the most common response to the question "What Does #Marshall Strong Mean To You?"

Unity	Strength	Support	Reminder	Just words	Other
53	14	13	6	15	13



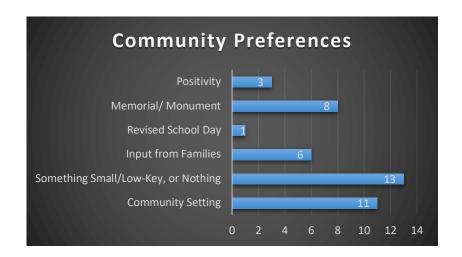
• How do you feel the community should recognize the victims of the MCHS shooting during the upcoming one-year anniversary?

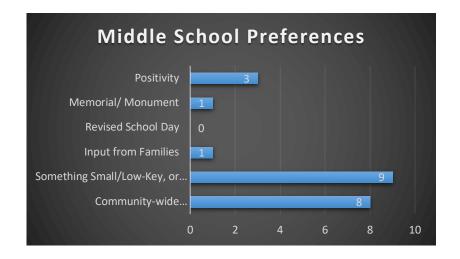
Common themes found throughout community, middle school, and high school responses:

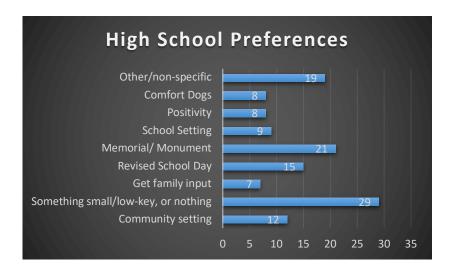
Community Setting	Community-wide service, ceremony, gathering. Includes: After school service, community gathering, ceremony, community setting candle light vigil Settings: High School gymnasium, Church, Park, Court House, Court Square
Something Small, Low-Key	Includes: Voluntary remembrance, service, something simple, something low-key, activity day, calm day, nothing
Family Input	Desire for the input of the families of those affected before making final decisions
Revised School Day	Includes: Half-day, voluntary school attendance, No school or class that day
Physical Memorial, Monument	Includes: Planting a tree, making a garden, engraved memorial, plaque, physical memorial or monument
Positivity	Day of positive activities, celebration of life, focus on positives, community strength, Marshall strong, team and trust building exercises
Other/Non-Specific	Responses that were non-specific or could not be categorized. (Not included in charts – please find in table at the end of "Findings" section)

^{*}Note: High School respondents expressed significant desire for comfort dogs to be brought to school on this day, as well as a significant number of "Other/Non-Specific" responses, so these have been included in the High School results.

Findings:

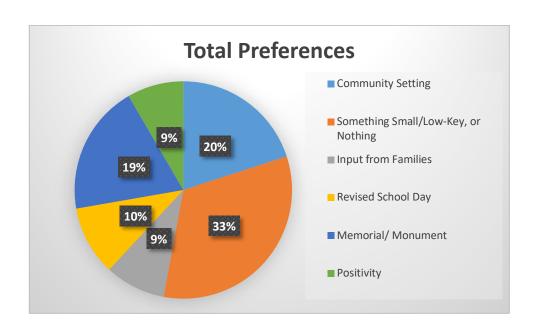






Community, Middle School, High School Respondent Totals:

Community Setting	Something Small/Low- Key	Input Revised from School Families Day		Memorial/ Monument	Positivity	Other/Non- specific	
31	51	14	16	30	13	39	



Resources

Memorials throughout Kentucky communities:

• https://www.kentucky.com/news/special-reports/crash-of-comair-flight-5191/article44035002.html

Uplifting monument for the 49 that were killed in Flight 5191 at Bluegrass Airport in August 2006, featured in the Arboretum Memorial Gardens.

• https://www.wpsdlocal6.com/2017/11/27/heath-high-school-shooting-memorial/

Monument honoring those who were killed in the 1997 Heath High school shooting.

https://www.wpsdlocal6.com/2017/11/22/memorial-service-heath-hs-shooting-anniversary/

Memorial Service itinerary for the December 1, 2017, 20th anniversary of the event.

Alternative words than "Anniversary", a request mentioned in high school responses:

- Memorial Service
- Commemoration
- Ceremony
- Remembrance

• What formal or informal programs, events, activities, etc. have helped you deal with the shooting and their aftermath the most?

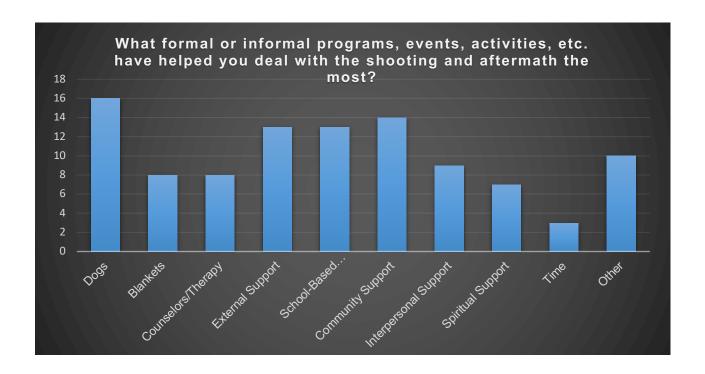
Theme	Inclusions
Dogs	Therapy Dogs
Blankets	Linus Blankets
Counseling	Counseling and Therapy Services
Interpersonal Support	One-one-one support; Support from friends; Support from families
School-Based Support	Support felt from school Student and school support/unity; Sporting events; Extracurricular activities
Community Support	Community unity; #MarshallStrong signs; Community events; vigils; moments of remembrance/recognition; Concert
External Support	Support from outside the community Signs from other schools; Cards/Posters; Letters; Gifts; Other schools wearing Marshall colors; Speakers – Other Survivors; Outside support and expertise
Spiritual Support	Church; Prayer; Prayer groups; Youth group
Safety Procedures	Safety measures in schools; Trained officers; Metal detectors
Time	Taking time to heal

Other

Responses that did not fall into common categories

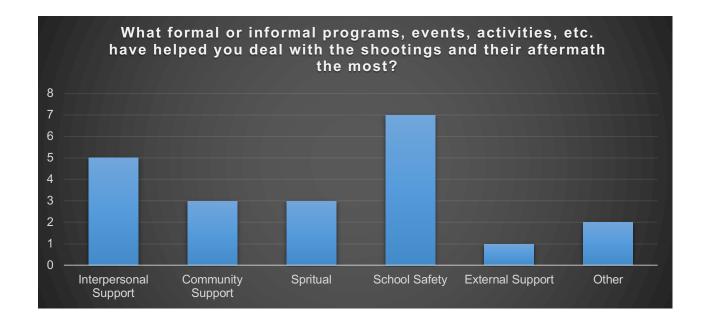
Findings

High School



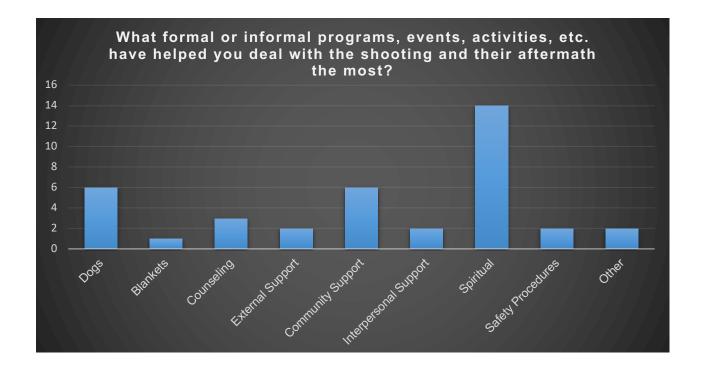
Dogs	Blankets	Counselors	External Support	School- Based Support	Community Support	Interpersonal Support	Spiritual Support	Time	Other
16	8	8	13	13	14	9	7	3	10

Middle School



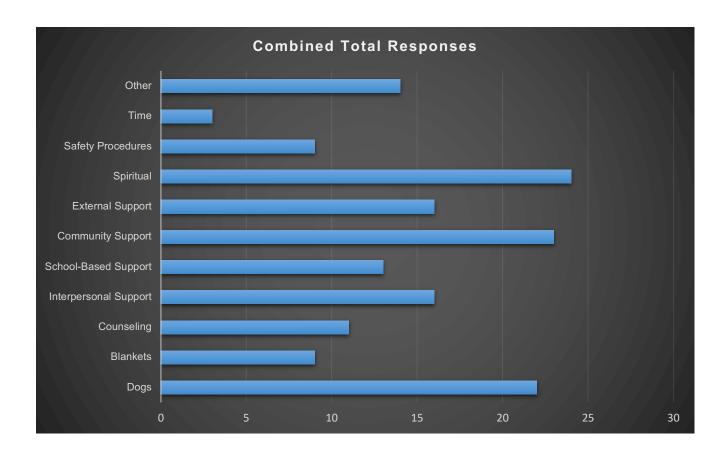
Interpersonal	Community	Spiritual School		External	Other
Support	Support	Support Safety		Support	
5	3	3	7	1	2

Community



Dogs	Blankets	Counseling	External Support	Community Support	Interpersonal Support	Spiritual	Safety Procedures	Other
6	1	3	2	6	2	14	2	2

Total



• What type of program, event or service do you wish existed for people in our community?

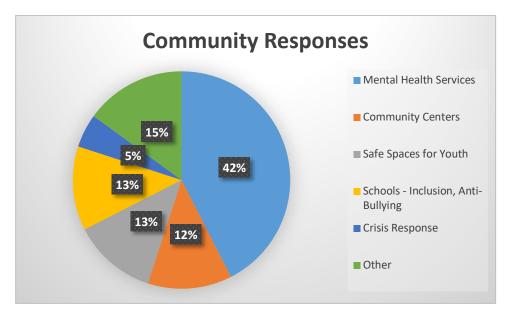
Common themes found throughout community, middle school, and high school responses:

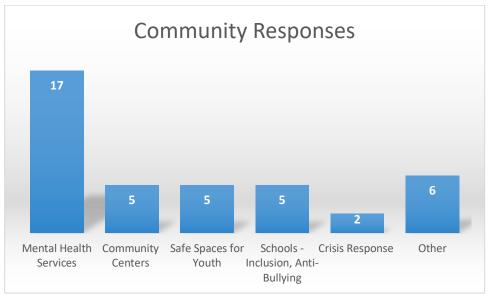
Mental Health Services	Further broken down, includes:
Community Centers/Spaces	 Includes: YMCA Place in community for youth to "open up" Safe spaces for youth to gather to be together; healthy activities; social engagement
Other	Responses that were non-specific or could not be categorized. (Not included in charts – please find in table at the end of "Findings" section)

*Note: Additional, specific themes/responses were found within each group (community, middle, high school) that fall under the above common themes, and which are detailed below in "Findings".

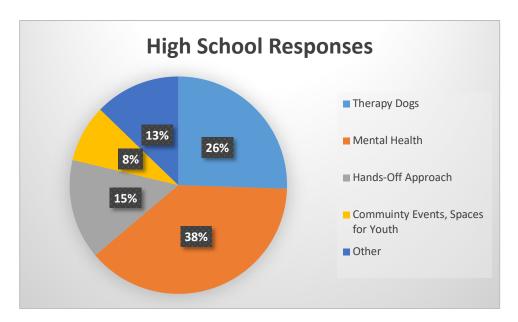
Findings:

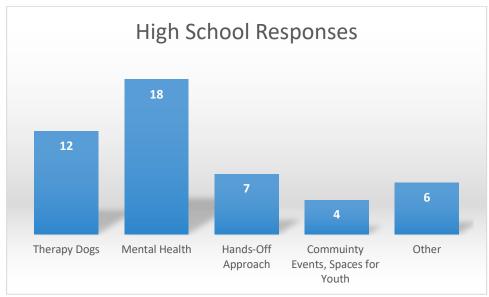
Community





High School





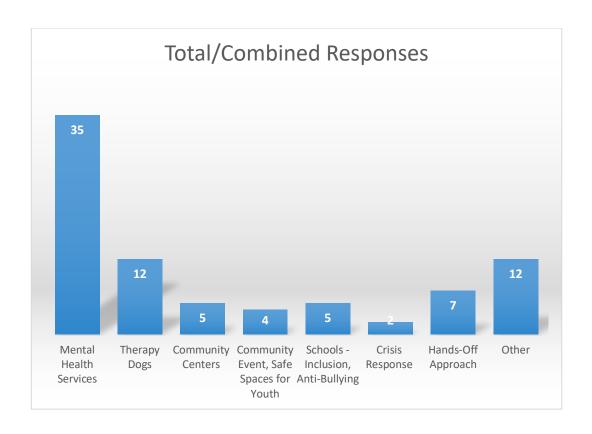
Middle School

Because there were only 4 Middle School responses, charts were not possible – responses copied below

- Marshall for Christ prayed & grieved together really liked that
- Group prayers felt really positive
- Therapy dogs very good distraction
- Block party would be helpful a large event to come together as a community

Total Community and High School combined responses:

Mental Health Services	Therapy Dogs	Community Centers	Community Event, Safe Spaces for Youth	Schools: Inclusion, Anti- Bullying	Crisis Response	Hands- Off Approach	Other
35	12	5	4	5	2	7	12



Summary

In both separate and combined responses, "Mental Health Services" was the primary response to the question "What type of program, event or service do you wish existed for people in our community?". Responses that fell under the category of mental health services were:

- Counseling services (school and community)
- Availability of mental healthcare providers in community
- Awareness of mental health issues
- Issues of inclusion and bullying in school
- Reducing mental health stigma
- Opportunities to discuss feelings; comfort; support groups
- Long term support
- Help Lines

Possible helpful information about community support and mental health after traumatic events:

"What happens to the survivors" https://www.apa.org/monitor/2018/09/survivors.aspx

"Resources for Coping with School Shootings and Other Traumatic Events" https://www.macmh.org/2012/12/trauma-resources/

"Mass Shooting: How Entire Community Experiences Trauma" https://www.livescience.com/25615-community-traumatic-stress.html

• Q5: What positive changes have you seen in your community since January 23?

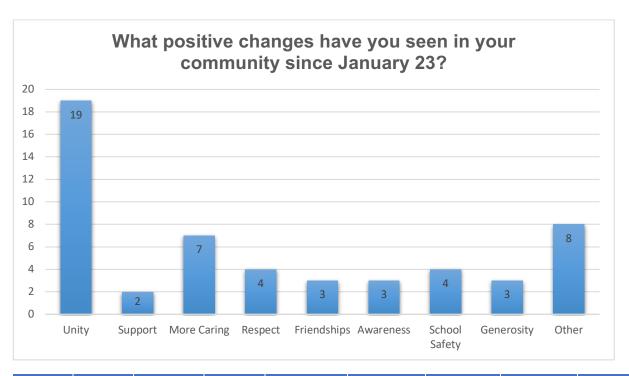
Common themes identified in community, middle, and high school responses:

Theme	Inclusions
Unity	Strong sense of community; Unified;
Support	Increased kindness; Caring; Friendships; Family closeness; Closeness and support between individuals
Awareness	Heightened awareness of others' needs, including emotional and mental needs or issues
Safety	Heightened security measures in school and in the community; increased awareness of safety issues

^{*}note* - Because there were many additional significant responses among each group, shown in the respective Findings below, the "Total" section at the end will reflect the total responses among each group only for the 4 main categories listed above

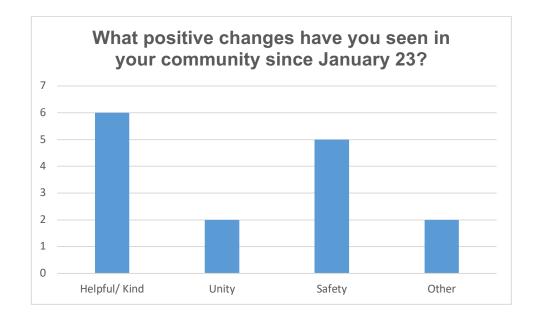
Findings

High School



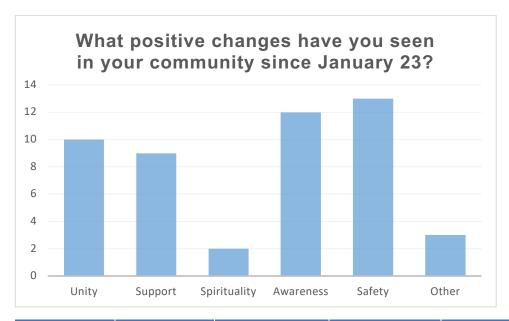
Unity	Support	More Caring	Respect	Friendships	Awareness	School Safety	Generosity	Other
19	2	7	4	3	3	4	3	8

Middle School



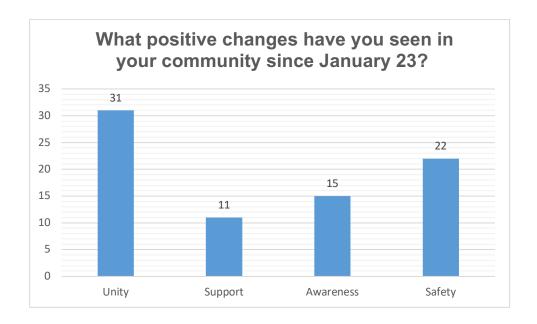
Helpful/ Kind	Unity	Safety	Other
6	2	5	2

Community



Unity	Support	Spirituality	Awareness	Safety	Other
10	9	2	12	13	3

Total Responses



Unity	Support	Awareness	Safety
31	11	15	22

• Q6: What negative changes have you seen in your community since January 23?

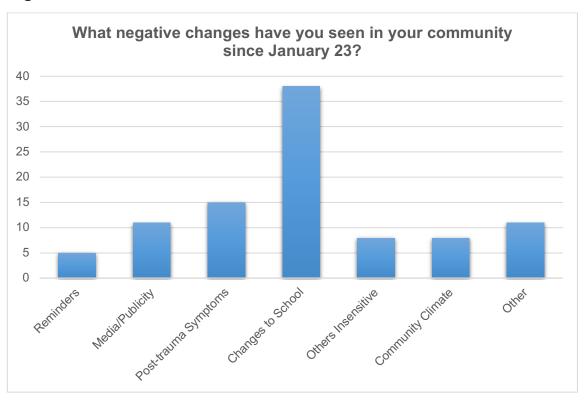
Common themes identified in community, middle, and high school responses:

Theme	Inclusions
Post-trauma symptoms/ Mental health problems	Feelings of fear and insecurity; reactions to certain sights and sounds; anxiety, sadness, anger, and other emotional reactions
Media/Publicity	The prominence of the event in the media and for publicity's sake
Changes to school	Changes in school setting; construction; increased security measures; feelings of being in a "jail" setting
Community Climate	Distrust and division among community; Feelings that the event has been exploited for some political agendas; Community doesn't have the same feel as before
Other	Responses that did not fall under other themes

^{*}note* Additional/specific themes from each group shown in Findings below

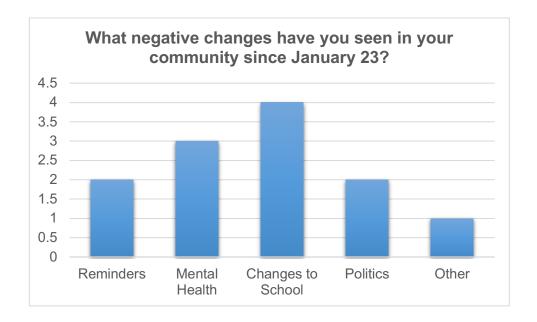
Findings

High School



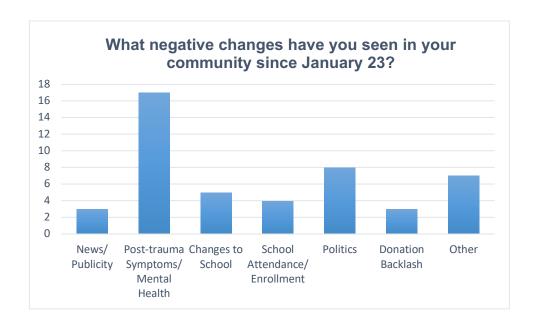
Reminders	Media/Publicity	Post-trauma Symptoms	Changes to School	Others Insensitive	Community Climate	Other
5	11	15	38	8	8	11

Middle School



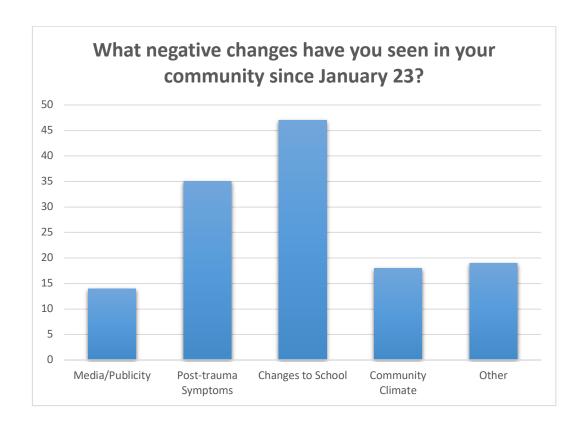
Reminders	Mental Health	Changes to School	Politics	Other
2	3	4	2	1

Community



News/ Publicity	Post-trauma Symptoms/ Mental Health	Changes to School	School Attendance/ Enrollment	Politics	Donation Backlash	Other
3	17	5	4	8	3	7

Total Responses to Common Themes among Community, High School and Middle School

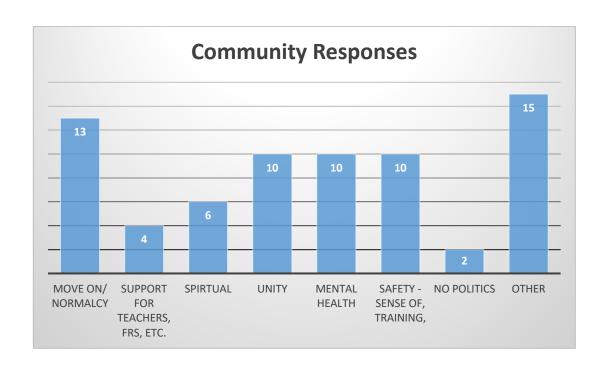


Media/Publicity	Post-trauma Symptoms	Changes to School	Community Climate	Other
14	35	47	18	19

• What do you believe is most important for our community recovery going forward?

FindingsCommon themes found throughout Community responses:

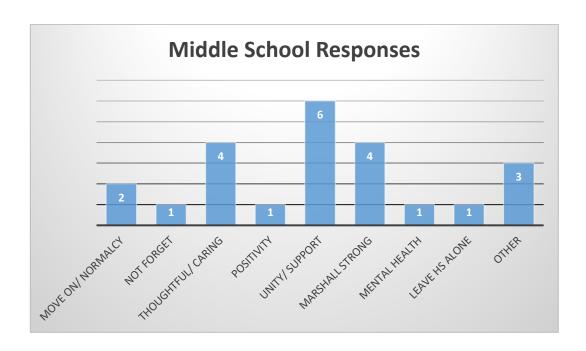
Moving On/ Normalcy	Don't dwell on what happened, move forward; Stop bringing it up; Sense of normalcy; Need to find new normal; Routine; Focus on future
Support for Teachers, First Responders, etc.	Helping teachers and First Responders (trauma, mental health)
Spiritual	Prayer; Increase church involvement in community
Unity	Staying close-knit; Community center
Mental Health	Assistance for coping with post-traumatic symptoms; Continue counselors
Sense of Safety, Safety Training	Heightened awareness of surroundings; Alertness; Need for sense of safety
No Politics	Don't make it a political issue (guns)
Other	Non-Specific; did not fall into categories



Common themes found in Middle School responses:

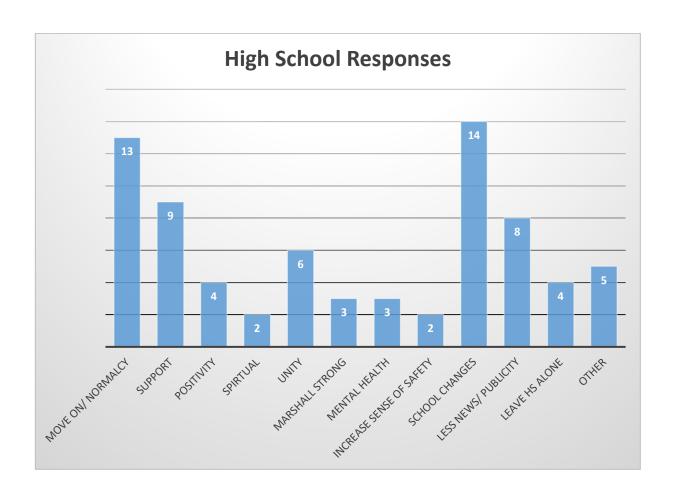
Moving On/ Normalcy	Incident recognized, but not dwelled upon; Normalcy is good
Not Forget	Always remember that day
Thoughtful/ Caring	Reach out; Be kind to others; Random acts of kindness day; Think of others before yourself
Positivity	Focus on positives rather than negatives
Unity/ Support	Stay together, don't leave anyone out
Marshall Strong	Good for some, painful for others

Mental Health	Buddy system for visiting counselor
Leave HS Alone	News/reporters should leave High School alone
Other	Non-Specific; did not fall into categories

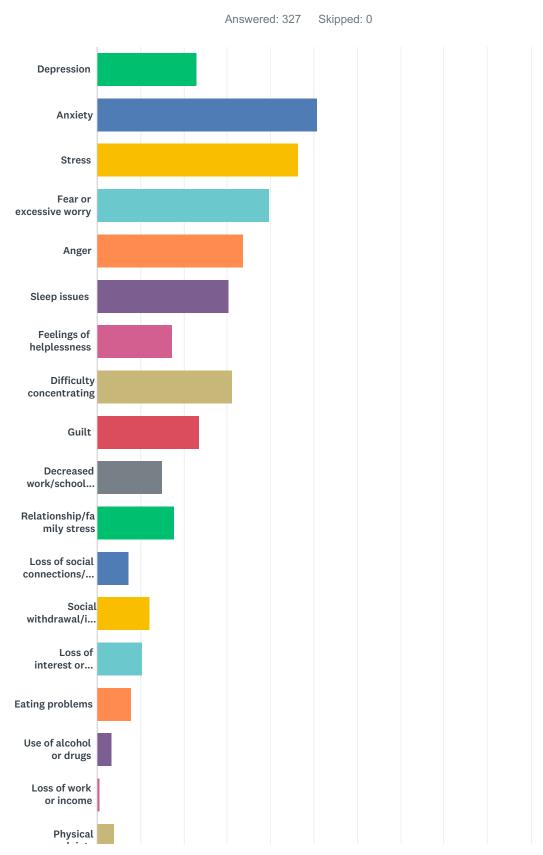


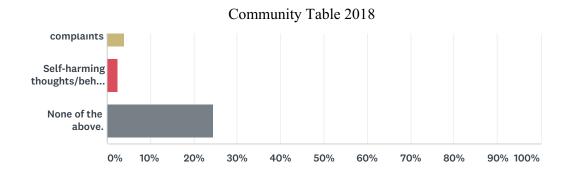
Common themes found in High School responses:

Moving On/ Normalcy	Not forgetting, but not dwelling on the event.
Support	Supporting each other; showing kindness; being caring; being understanding
Positivity	Keep moving forward; stay positive
Spiritual	Prayer
Unity	Community togetherness; maintain family-like relationship at MCHS; being together
Marshall Strong	Continue Marshall strong Marshall strong has become political
Mental Health	Time to heal; talking about it; help with mental illness
Increase Sense of Safety	Feeling unsafe; pursue safety
School Changes	Increased safety measures at school
Less News/ Publicity	Less media; reporters should leave students alone
Leave HS Alone	Hands-off approach with High School students; don't bring up the subject



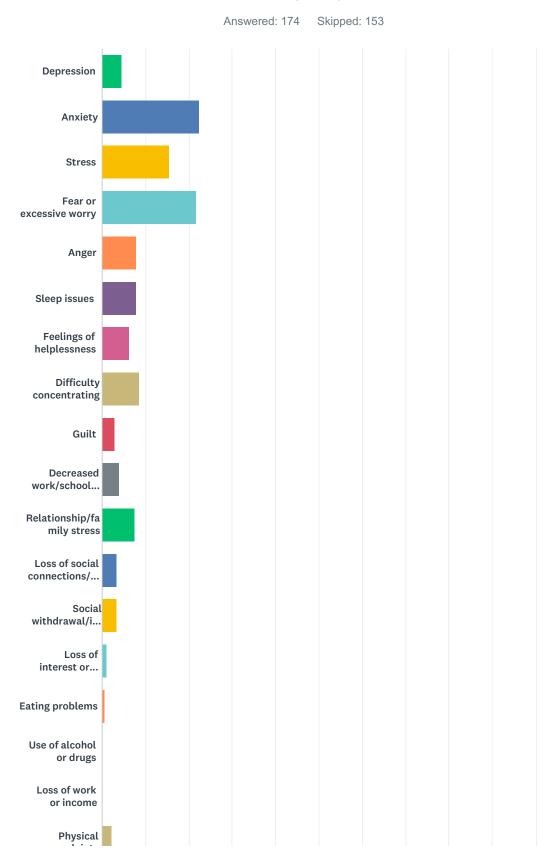
Q1 Have you experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):

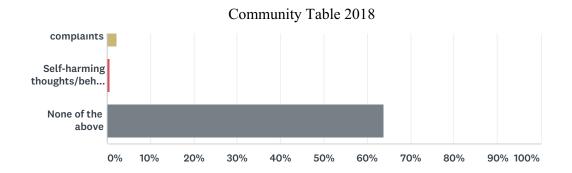




ANSWER CHOICES	RESPONSES	
Depression	22.94%	75
Anxiety	50.76%	166
Stress	46.48%	152
Fear or excessive worry	39.76%	130
Anger	33.64%	110
Sleep issues	30.28%	99
Feelings of helplessness	17.43%	57
Difficulty concentrating	31.19%	102
Guilt	23.55%	77
Decreased work/school performance	14.98%	49
Relationship/family stress	17.74%	58
Loss of social connections/friendships	7.34%	24
Social withdrawal/isolation	12.23%	40
Loss of interest or pleasure in things	10.40%	34
Eating problems	7.95%	26
Use of alcohol or drugs	3.36%	11
Loss of work or income	0.61%	2
Physical complaints	3.98%	13
Self-harming thoughts/behaviors	2.45%	8
None of the above.	24.46%	80
Total Respondents: 327		

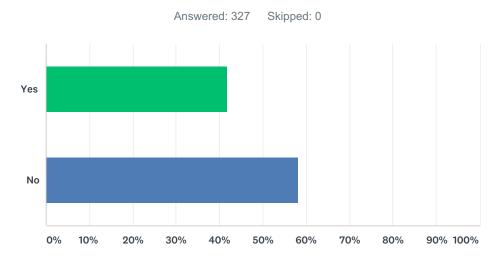
Q2 If you have a child middle school age or younger, have they experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):





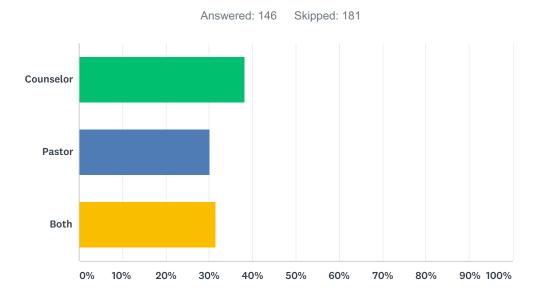
Depression 4.60 Anxiety 22.4 Stress 15.5 Fear or excessive worry 21.8 Anger 8.05 Sleep issues 8.05 Feelings of helplessness 6.32 Difficulty concentrating 8.62 Guilt 2.87 Decreased work/school performance 4.02 Relationship/family stress 7.47 Loss of social connections/friendships 3.45	11% 39 52% 27 54% 38
Stress 15.5. Fear or excessive worry 21.8 Anger 8.05 Sleep issues 8.05 Feelings of helplessness 6.32 Difficulty concentrating 8.62 Guilt 2.87 Decreased work/school performance 4.02 Relationship/family stress 7.47	27 24% 38
Fear or excessive worry 21.8 Anger 8.05 Sleep issues 8.05 Feelings of helplessness 6.32 Difficulty concentrating 8.62 Guilt 2.87 Decreased work/school performance 4.02 Relationship/family stress 7.47	38
Anger Sleep issues 8.05 Feelings of helplessness Difficulty concentrating 8.62 Guilt Decreased work/school performance Relationship/family stress 8.7.47	
Sleep issues Feelings of helplessness Difficulty concentrating Summer of the plant of the pla	5% 14
Feelings of helplessness Difficulty concentrating Substitute Guilt Decreased work/school performance Relationship/family stress 6.32 2.87 7.47	
Difficulty concentrating 8.62 Guilt Decreased work/school performance 4.02 Relationship/family stress	5% 14
Guilt Decreased work/school performance Relationship/family stress 2.87 4.02 7.47	2% 11
Decreased work/school performance 4.02 Relationship/family stress 7.47	2% 15
Relationship/family stress 7.47	7% 5
Neiationship/ranning stress	2% 7
2.45	7% 13
Loss of social connections/friendships 3.45	5% 6
Social withdrawal/isolation 3.45	5% 6
Loss of interest or pleasure in things 1.15	5% 2
Eating problems 0.57	7% 1
Use of alcohol or drugs 0.00	0%
Loss of work or income 0.00	0%
Physical complaints 2.30)% 4
Self-harming thoughts/behaviors 0.57	7% 1
None of the above 63.79	79% 111
Total Respondents: 174	

Q3 Have you spoken to a counselor or pastor about the events of January 23?



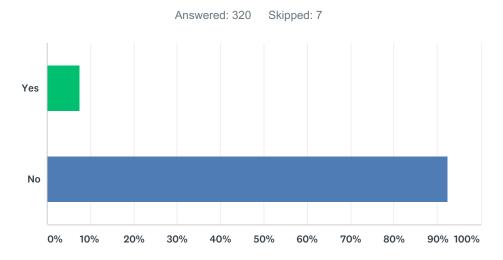
ANSWER CHOICES	RESPONSES	
Yes	41.90%	137
No	58.10%	190
TOTAL		327

Q4 If yes, which did you speak with?



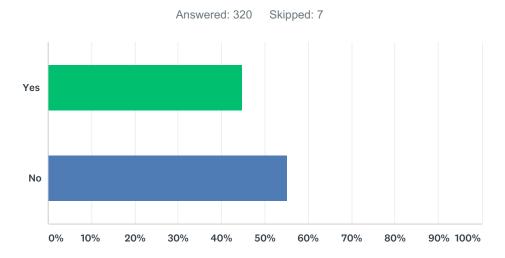
ANSWER CHOICES	RESPONSES	
Counselor	38.36%	56
Pastor	30.14%	44
Both	31.51%	46
TOTAL		146

Q5 Are you currently undergoing a treatment plan for trauma related to the events of January 23?



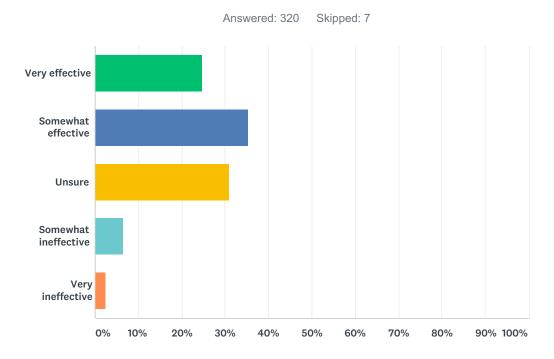
ANSWER CHOICES	RESPONSES	
Yes	7.50%	24
No	92.50%	296
TOTAL		320

Q6 Have you participated in any community recovery events?



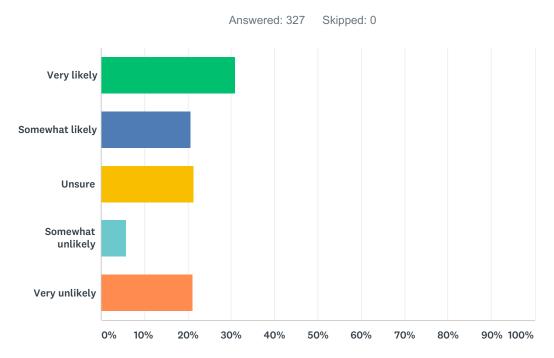
ANSWER CHOICES	RESPONSES	
Yes	44.69%	143
No	55.31%	177
TOTAL		320

Q7 How effective do you believe community recovery efforts have been up to this point?



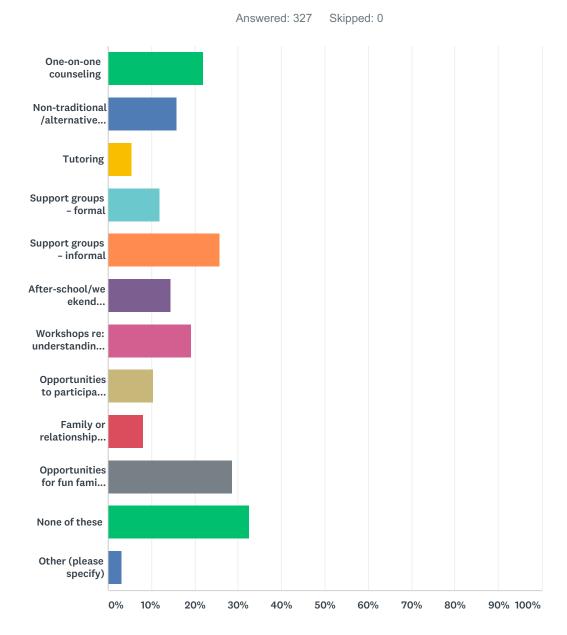
ANSWER CHOICES	RESPONSES	
Very effective	24.69%	79
Somewhat effective	35.31%	113
Unsure	30.94%	99
Somewhat ineffective	6.56%	21
Very ineffective	2.50%	8
TOTAL		320

Q8 How likely are you to attend a community event on January 23, 2019, the anniversary of the shootings?



ANSWER CHOICES	RESPONSES	
Very likely	30.89%	101
Somewhat likely	20.80%	68
Unsure	21.41%	70
Somewhat unlikely	5.81%	19
Very unlikely	21.10%	69
TOTAL		327

Q9 What types of programs or services would you be likely to take advantage of if they were offered? (Please choose all that apply.)

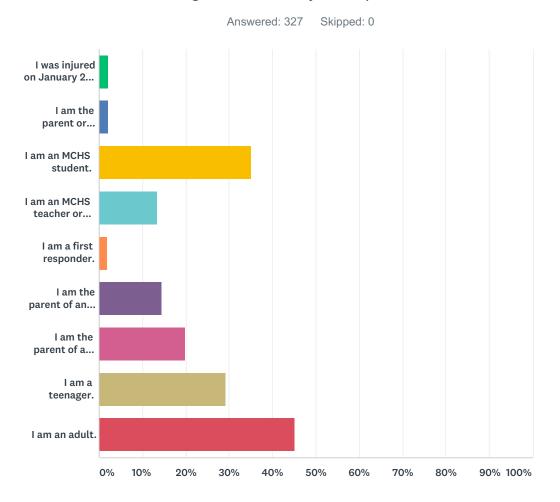


ANSWER CHOICES	RESPONSES	
One-on-one counseling	22.02%	72
Non-traditional/alternative therapies	15.90%	52
Tutoring	5.50%	18
Support groups – formal	11.93%	39
Support groups – informal	25.69%	84
After-school/weekend programming for youth	14.37%	47
Workshops re: understanding trauma, dealing with PTSD, etc.	19.27%	63

Community Table 2018

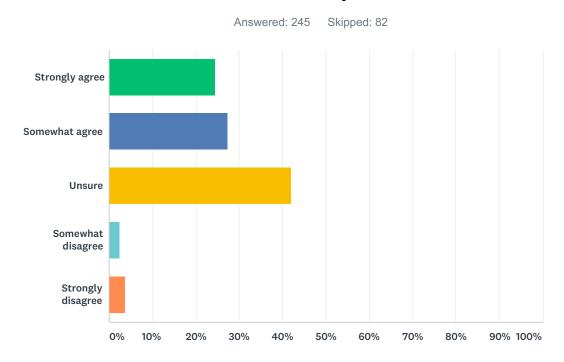
Opportunities to participate in self-care activities	10.40%	34
Family or relationship counseling	8.26%	27
Opportunities for fun family outings	28.75%	94
None of these	32.72%	107
Other (please specify)	3.06%	10
Total Respondents: 327		

Q10 Which of the following describes you? (Please choose all the apply.)



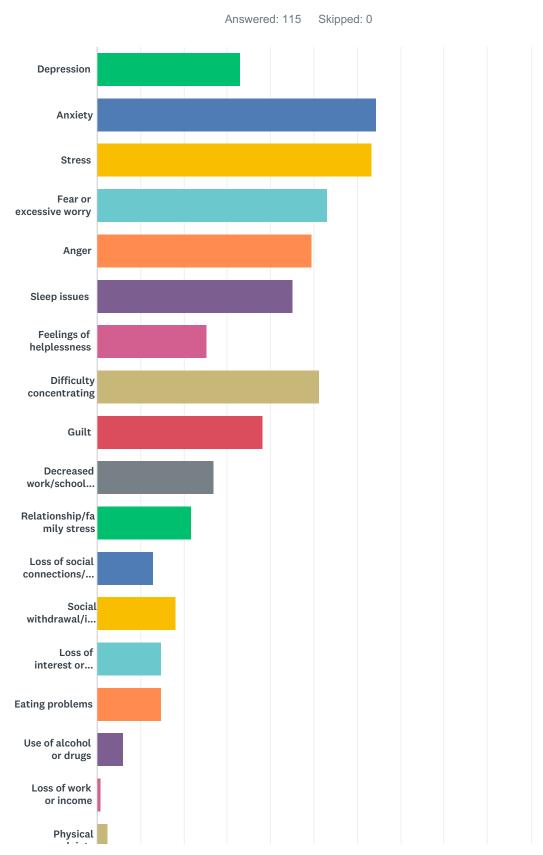
ANSWER CHOICES	RESPONSES	
I was injured on January 23, 2018.	2.14%	7
I am the parent or caregiver to a student who was injured or killed on January 23, 2018.	2.14%	7
I am an MCHS student.	35.17%	115
I am an MCHS teacher or staff member.	13.46%	44
I am a first responder.	1.83%	6
I am the parent of an MCHS student.	14.37%	47
I am the parent of a student who attends a school other than MCHS.	19.88%	65
I am a teenager.	29.36%	96
I am an adult.	45.26%	148
Total Respondents: 327		

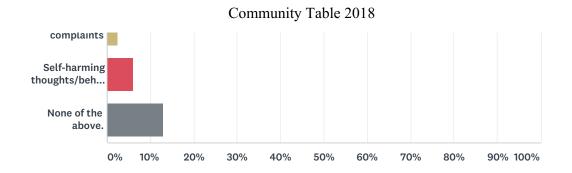
Q11 If you participated in the Community Table, do you agree with the following statement: The Community Table was a helpful exercise for the community?



ANSWER CHOICES	RESPONSES	
Strongly agree	24.49%	60
Somewhat agree	27.35%	67
Unsure	42.04%	103
Somewhat disagree	2.45%	6
Strongly disagree	3.67%	9
TOTAL		245

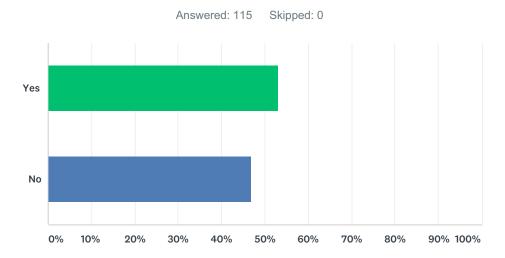
Q1 Have you experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):





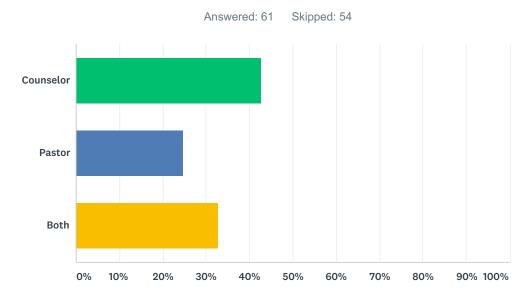
ANSWER CHOICES	RESPONSES	
Depression	33.04%	38
Anxiety	64.35%	74
Stress	63.48%	73
Fear or excessive worry	53.04%	61
Anger	49.57%	57
Sleep issues	45.22%	52
Feelings of helplessness	25.22%	29
Difficulty concentrating	51.30%	59
Guilt	38.26%	44
Decreased work/school performance	26.96%	31
Relationship/family stress	21.74%	25
Loss of social connections/friendships	13.04%	15
Social withdrawal/isolation	18.26%	21
Loss of interest or pleasure in things	14.78%	17
Eating problems	14.78%	17
Use of alcohol or drugs	6.09%	7
Loss of work or income	0.87%	1
Physical complaints	2.61%	3
Self-harming thoughts/behaviors	6.09%	7
None of the above.	13.04%	15
Total Respondents: 115		

Q3 Have you spoken to a counselor or pastor about the events of January 23?



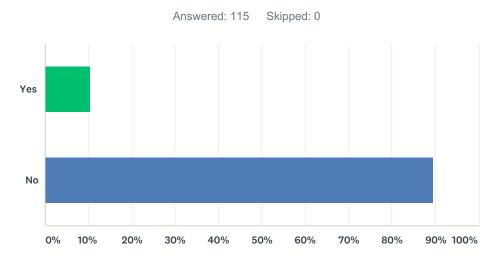
ANSWER CHOICES	RESPONSES	
Yes	53.04%	61
No	46.96%	54
TOTAL		115

Q4 If yes, which did you speak with?



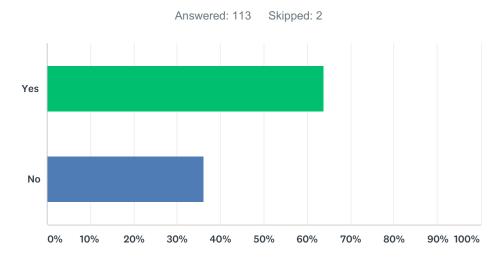
ANSWER CHOICES	RESPONSES	
Counselor	42.62%	26
Pastor	24.59%	15
Both	32.79%	20
TOTAL		61

Q5 Are you currently undergoing a treatment plan for trauma related to the events of January 23?



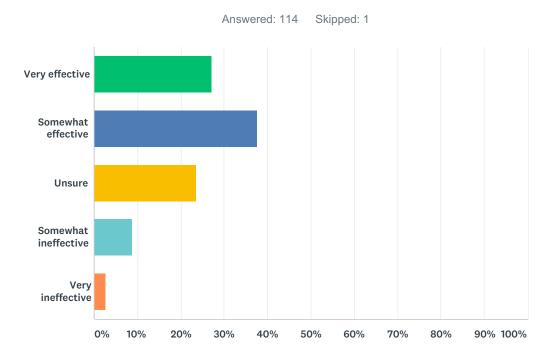
ANSWER CHOICES	RESPONSES	
Yes	10.43%	12
No	89.57%	103
TOTAL		115

Q6 Have you participated in any community recovery events?



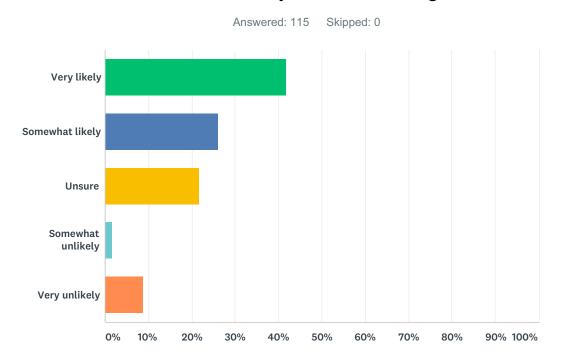
ANSWER CHOICES	RESPONSES	
Yes	63.72%	72
No	36.28%	41
TOTAL		113

Q7 How effective do you believe community recovery efforts have been up to this point?



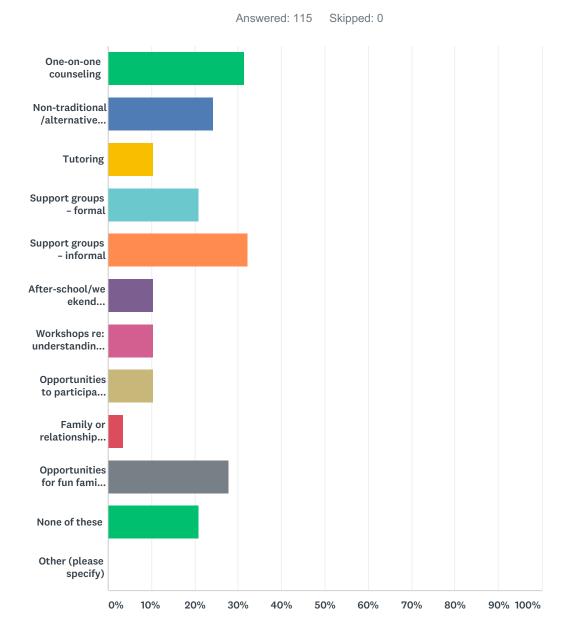
ANSWER CHOICES	RESPONSES	
Very effective	27.19%	31
Somewhat effective	37.72%	43
Unsure	23.68%	27
Somewhat ineffective	8.77%	10
Very ineffective	2.63%	3
TOTAL		114

Q8 How likely are you to attend a community event on January 23, 2019, the anniversary of the shootings?



ANSWER CHOICES	RESPONSES	
Very likely	41.74%	48
Somewhat likely	26.09%	30
Unsure	21.74%	25
Somewhat unlikely	1.74%	2
Very unlikely	8.70%	10
TOTAL		115

Q9 What types of programs or services would you be likely to take advantage of if they were offered? (Please choose all that apply.)

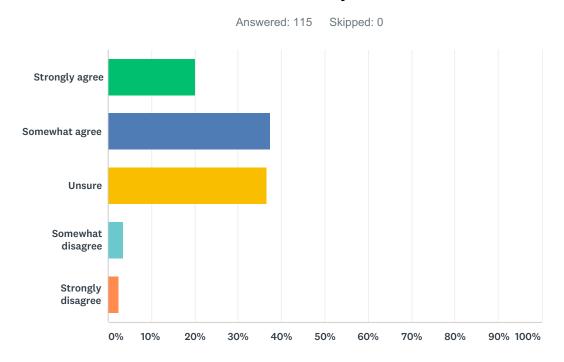


ANSWER CHOICES	RESPONSES	
One-on-one counseling	31.30%	36
Non-traditional/alternative therapies	24.35%	28
Tutoring	10.43%	12
Support groups – formal	20.87%	24
Support groups – informal	32.17%	37
After-school/weekend programming for youth	10.43%	12
Workshops re: understanding trauma, dealing with PTSD, etc.	10.43%	12

Community Table 2018

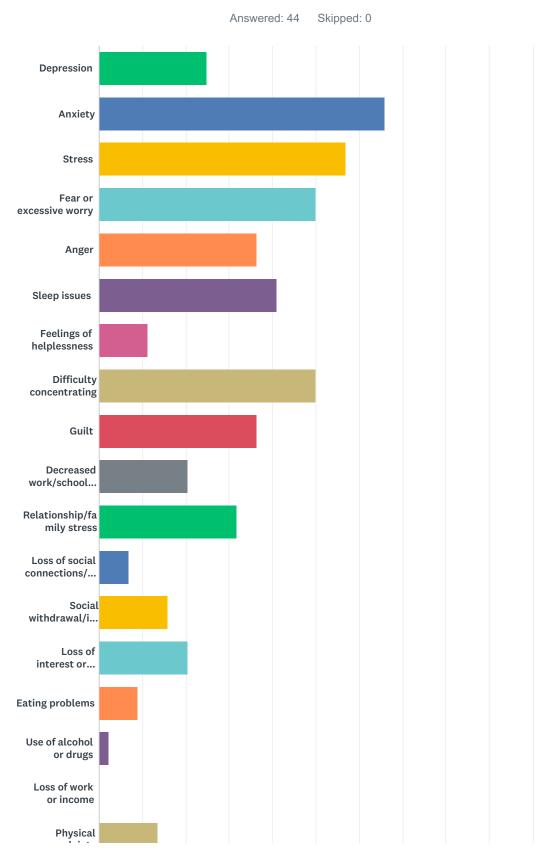
Opportunities to participate in self-care activities	10.43%	12
Family or relationship counseling	3.48%	4
Opportunities for fun family outings	27.83%	32
None of these	20.87%	24
Other (please specify)	0.00%	0
Total Respondents: 115		

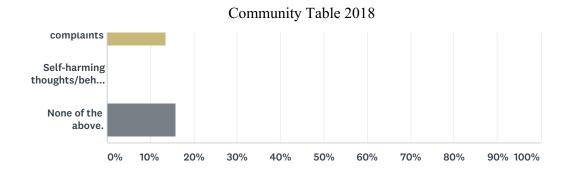
Q11 If you participated in the Community Table, do you agree with the following statement: The Community Table was a helpful exercise for the community?



ANSWER CHOICES	RESPONSES	
Strongly agree	20.00%	23
Somewhat agree	37.39%	43
Unsure	36.52%	42
Somewhat disagree	3.48%	4
Strongly disagree	2.61%	3
TOTAL		115

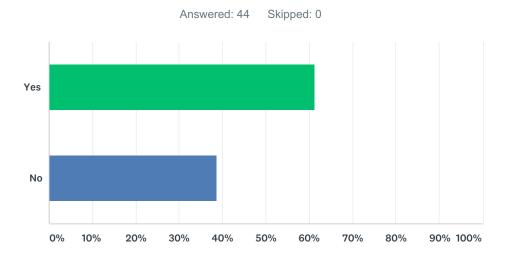
Q1 Have you experienced an increase in any of the following since January 23, 2018, as a result of the MCHS shootings? (Please check all that apply):





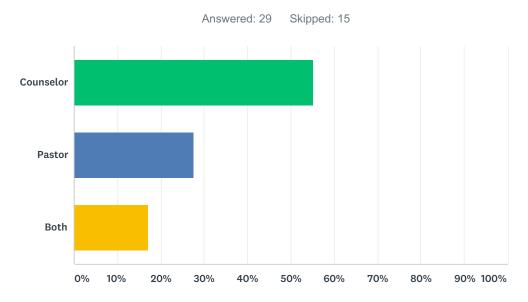
ANSWER CHOICES	RESPONSES	
Depression	25.00%	11
Anxiety	65.91%	29
Stress	56.82%	25
Fear or excessive worry	50.00%	22
Anger	36.36%	16
Sleep issues	40.91%	18
Feelings of helplessness	11.36%	5
Difficulty concentrating	50.00%	22
Guilt	36.36%	16
Decreased work/school performance	20.45%	9
Relationship/family stress	31.82%	14
Loss of social connections/friendships	6.82%	3
Social withdrawal/isolation	15.91%	7
Loss of interest or pleasure in things	20.45%	9
Eating problems	9.09%	4
Use of alcohol or drugs	2.27%	1
Loss of work or income	0.00%	0
Physical complaints	13.64%	6
Self-harming thoughts/behaviors	0.00%	0
None of the above.	15.91%	7
Total Respondents: 44		

Q3 Have you spoken to a counselor or pastor about the events of January 23?



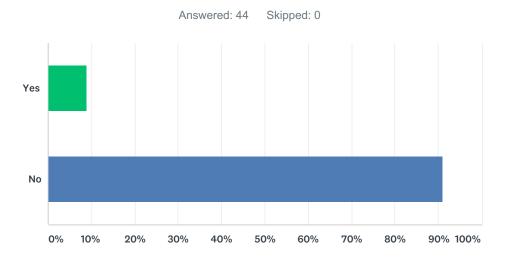
ANSWER CHOICES	RESPONSES	
Yes	61.36%	27
No	38.64%	17
TOTAL		44

Q4 If yes, which did you speak with?



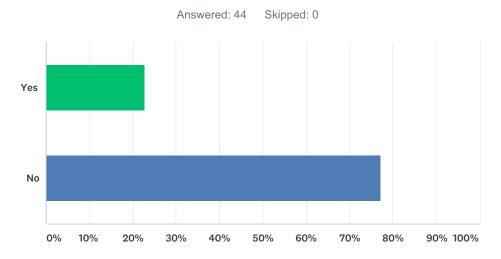
ANSWER CHOICES	RESPONSES	
Counselor	55.17%	16
Pastor	27.59%	8
Both	17.24%	5
TOTAL		29

Q5 Are you currently undergoing a treatment plan for trauma related to the events of January 23?



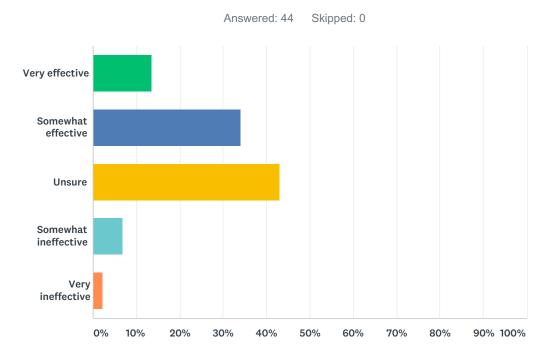
ANSWER CHOICES	RESPONSES	
Yes	9.09%	4
No	90.91%	40
TOTAL		44

Q6 Have you participated in any community recovery events?



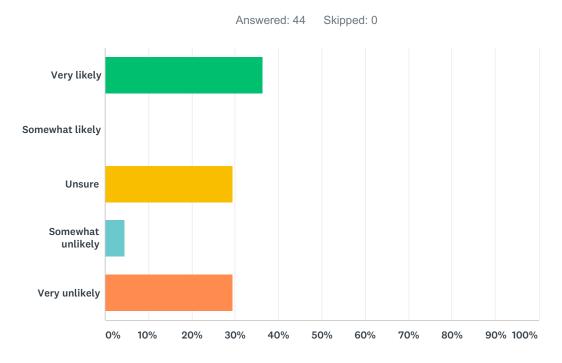
ANSWER CHOICES	RESPONSES	
Yes	22.73%	10
No	77.27%	34
TOTAL		44

Q7 How effective do you believe community recovery efforts have been up to this point?



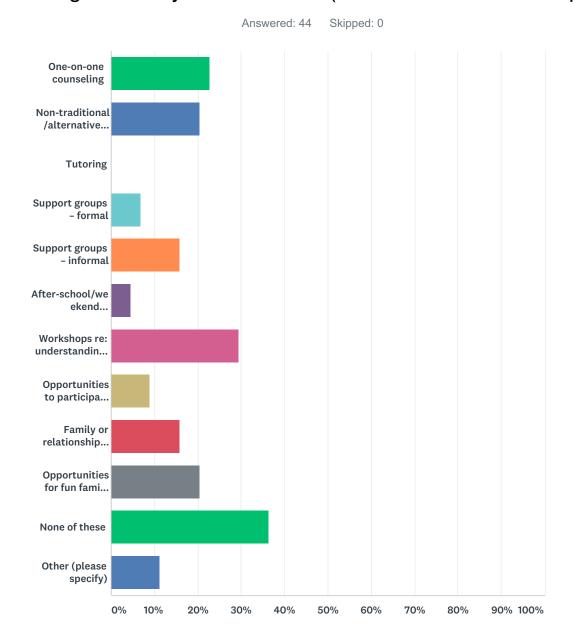
ANSWER CHOICES	RESPONSES	
Very effective	13.64%	6
Somewhat effective	34.09%	15
Unsure	43.18%	19
Somewhat ineffective	6.82%	3
Very ineffective	2.27%	1
TOTAL		44

Q8 How likely are you to attend a community event on January 23, 2019, the anniversary of the shootings?



ANSWER CHOICES	RESPONSES	
Very likely	36.36%	16
Somewhat likely	0.00%	0
Unsure	29.55%	13
Somewhat unlikely	4.55%	2
Very unlikely	29.55%	13
TOTAL		44

Q9 What types of programs or services would you be likely to take advantage of if they were offered? (Please choose all that apply.)

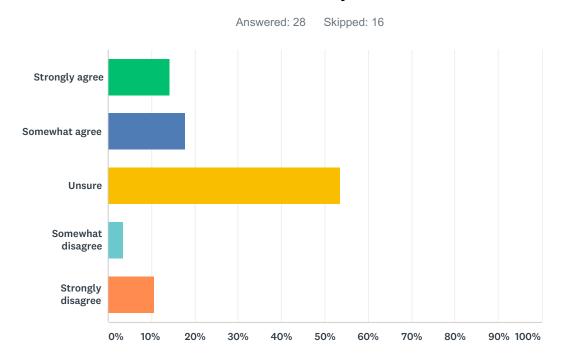


ANSWER CHOICES	RESPONSES	
One-on-one counseling	22.73%	10
Non-traditional/alternative therapies	20.45%	9
Tutoring	0.00%	0
Support groups – formal	6.82%	3
Support groups – informal	15.91%	7
After-school/weekend programming for youth	4.55%	2
Workshops re: understanding trauma, dealing with PTSD, etc.	29.55%	13

Community Table 2018

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Opportunities to participate in self-care activities	9.09%	4
Family or relationship counseling	15.91%	7
Opportunities for fun family outings	20.45%	9
None of these	36.36%	16
Other (please specify)	11.36%	5
Total Respondents: 44		

Q11 If you participated in the Community Table, do you agree with the following statement: The Community Table was a helpful exercise for the community?



ANSWER CHOICES	RESPONSES	
Strongly agree	14.29%	4
Somewhat agree	17.86%	5
Unsure	53.57%	15
Somewhat disagree	3.57%	1
Strongly disagree	10.71%	3
TOTAL		28